



Crossroads Sports Youth Basketball League Rules

	U8	U10	U12	U15
Basketball Size	Junior (27")	Junior (27")	Junior (27") girls/Intermediate (28.5") boys	Intermediate (28.5") girls/Mens (29.5") boys
Rim Height	8 feet	9 feet	10 feet	10 Feet
Halves Length	18 minutes	18 minutes	18 minutes	18 minutes
Running Clock	Except for Injuries and predetermend Subs	Except for Injuries and predetermend Subs	Except for Injuries and predetermend Subs	Except for Injuries and predetermend Subs
Mid-Half Subs	No	No	No	No
Predetermined Sub Time (at 6 min and 12 min mark)	1 minute	1 minute	1 minute	1 minute
Halftime Break	5 minutes	5 minutes	5 minutes	5 minutes
Lane Violations	N/A	N/A	N/A	N/A
Score Kept	No	Yes	yes	yes
Score will Turn Off	N/A	N/A	20 point lead @half	20 point lead @half
Free Throws	Called as a violation	Called as a violation	yes	yes
Time Outs	NO	NO	NO	NO
Defense Type	Man-to-Man	Man-to-Man	Man-to-Man	Man-to-Man
Defense-ability to guard offensive player	Once the ball crosses the 3 point line	Once the ball crosses the half court line	Once the ball crosses the half court line	Once the ball crosses the half court line
Fast Break	No let the teams get back to set up defense	No let the teams get back to set up defense	Official's discretion	Official's discretion
Double Teaming	N/A	N/A	No. Will be called as a violation. Ball given back to offense	No. Will be called as a violation. Ball given back to offense
Stealing Dribble	No	No	yes	yes
Stealing Passes	Yes	Yes	Yes	Yes
Full Court Press	No	No	No	No
10-Second Backcourt	No	yes	yes	yes
Jump Ball	No. rock paper scissors for ball.	Yes	Yes	Yes
Backcourt Violations	No	Yes	Yes	yes
Personal/Team Fouls	Called, not recorded	Called, not recorded	Called, not recorded	Called, recorded
Coach Positioning	Allowed on court	Bench	Bench	Bench
Participation	Equal participation is a must	Equal participation is a must	Equal participation is a must	Equal participation is a must