



## Crossroads Sports Youth Basketball League Rules

	<b>U8</b>	<b>U10</b>	<b>U12</b>	<b>U14</b>
<b>Basketball Size</b>	Junior (27")	Junior (27")	Junior (27") girls/Intermediate (28.5") boys	Junior (27") girls/Intermediate (28.5") boys
<b>Rim Height</b>	8 feet	9 feet	10 feet	10 Feet
<b>Halves Length</b>	18 minutes	18 minutes	18 minutes	18 minutes
<b>Running Clock</b>	Except for Injuries and predetermiend Subs	Except for Injuries and predetermiend Subs	Except for Injuries and predetermiend Subs	Except for Injuries and predetermiend Subs
<b>Mid-Half Subs</b>	No	No	No	No
<b>Predetermined Sub Time (at 6 min and 12 min mark)</b>	1 minute	1 minute	1 minute	1 minute
<b>Halftime Break</b>	5 minutes	5 minutes	5 minutes	5 minutes
<b>Lane Violations</b>	N/A	N/A	N/A	N/A
<b>Score Kept</b>	No	Yes	yes	yes
<b>Score will Turn Off</b>	N/A	N/A	20 point lead @half	20 point lead @half
<b>Free Throws</b>	Called as a violation	Called as a violation	yes	yes
<b>Time Outs</b>	NO	NO	NO	NO
<b>Defense Type</b>	Man-to-Man	Man-to-Man	Man-to-Man	Man-to-Man or Zone Defense
<b>Defense-ability to guard offensive player</b>	Once the ball crosses the 3 point line	Once the ball crosses the half court line	Once the ball crosses the half court line	Once the ball crosses the half court line
<b>Fast Break</b>	No let the teams get back to set up defense	No let the teams get back to set up defense	Official's descretion	Official's descretion
<b>Double Teaming</b>	N/A	N/A	No. Will be called as a violation. Ball given back to offense	No. Will be called as a violation. Ball given back to offense
<b>Stealing Dribble</b>	No	No	yes	yes
<b>Stealing Passes</b>	Yes	Yes	Yes	Yes
<b>Full Court Press</b>	No	No	No	No
<b>10-Second Backcourt</b>	No	yes	yes	yes
<b>Jump Ball</b>	No rock paper scissors for ball.	No rock paper scissors for ball.	Yes	Yes
<b>Backcourt Violations</b>	No	Yes	Yes	yes
<b>Personal/Team Fouls</b>	Called, not recorded	Called, not recorded	Called, not recorded	Called, recorded
<b>Coach Positioning</b>	Allowed on court	Bench	Bench	Bench
<b>Participation</b>	Equal participation is a must	Equal participation is a must	Equal participation is a must	Equal participation is a must